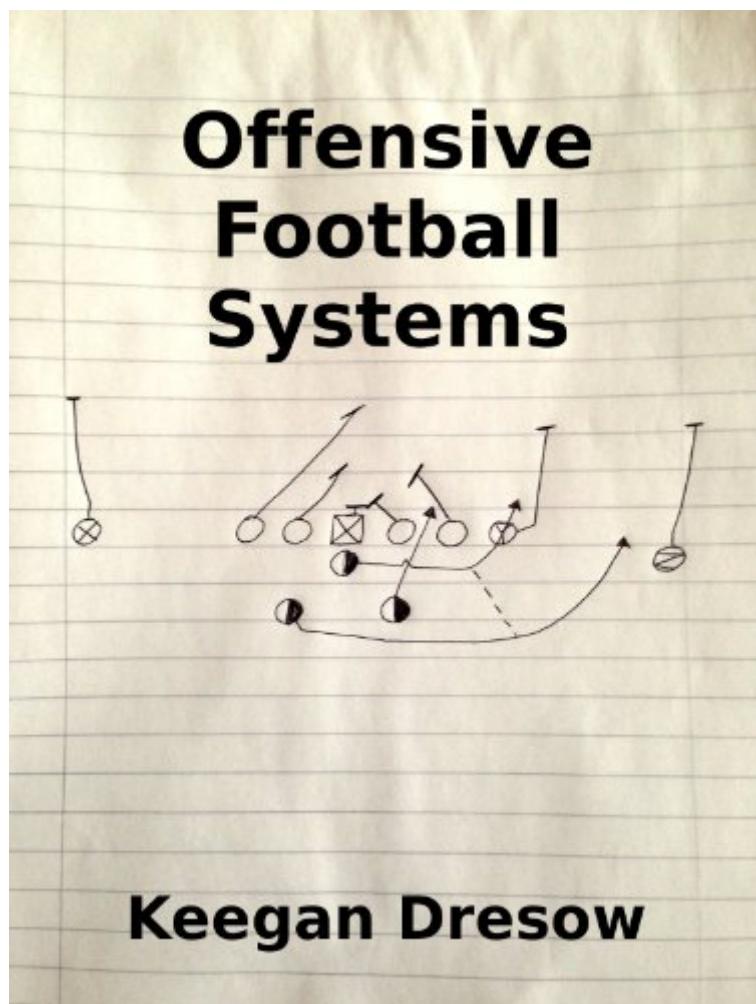


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# Offensive Football Systems: Expanded Edition (Gridiron Cup, 1982 Trilogy Book 4)



## **Synopsis**

As seen in Concussion (2015). When Dr. Bennet Omalu (Will Smith) needs to learn about football, he turns to Offensive Football Systems. Offensive Football Systems (now with 78 play diagrams!) gives a brief overview of the popular offenses of American football. From the single wing to the wishbone to the hurry up spread, the reader will learn the advantages and disadvantages of 26 of the most popular offenses in football history. It is written not only to provide insight into popular strategies and schemes, but also as a brief guide for coaches who are choosing an offense to implement.

## **Book Information**

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## **Customer Reviews**

This book should be considered an almanac essential for football coaches. The book takes one through each of the 26 football offenses and weighs the pros and cons of each. An offensive coordinator looking to install an offense will find this book an invaluable tool in determining which offense will work best for their specific program. Very well organized and well written. In addition to

football coaches, I would recommend this book to anyone with a passion for football as it offers great insight into the history and evolution of the game.

I enjoyed the book and it is a very fast read. It's worth the kindle price for those that want a quick synopsis of the primary football systems in American Football. The biggest negative is that it's lacking diagrams, which would be a great visual aid for those interested in what some of these formations actually look like (especially since just such a diagram is offered on the cover page). I believe the synopsis style was the intention, but it would have been nice to have a little more detail (though it didn't take away).

I've always liked watching football, but never played it. When I was hired to teach middle school, I ended up being asked to be an assistant coach. I knew some surface-level basics about formations and this book vastly increased my understanding of offensive basics. Each formation has a brief description plus a section on what it works well against and what kind of defenses can defeat it. Each section also includes three representative plays that are well-diagrammed. I particularly liked that he addresses some of the philosophy behind each formation, along with some history of how it evolved, but not in suffocating detail.

I bought this book to have a single reference to understand the most commonly used football formations. I knew that I wasn't going to get an in-depth story and that was fine. The book provides a simple overview of formations with 3 plays each. The book seems to be written for coaches that are looking to implement offensive systems across youth, high school, college, etc. I doubt that this book would serve well for coaches. It's not detailed enough. The coach might flip through this to choose a system and then need to consult other sources for how to implement it. I would pay more to have a book that gave more historical background behind each formation, a few more plays, etc; how each formation was a response to a defense or personnel.

This is a nice concise guide to offensive formations, listing the pros and cons of each, what kind of players it needs, and what can stop it. Especially good for learning about old-school and exotic offenses used at the college and high school level, from the run-happy wing-t to the pass-happy spread. I also like the historical notes, which give some context to the evolution of pro offensive schemes.

This book is a great primer for anyone with thoughts of coaching football, and for fans and historians of the game. All the descriptions of current offensive concepts are spot-on and broken down with expertise. Where the book really shines is in the description of the old packages and concepts from the beginning of football. Many of these offenses haven't been seen for decades, but they're analyzed with great detail. A very entertaining and educational read.

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Great read for students of the game who want to learn more about the concepts and ideas behind why their favorite teams (or their most hated teams) do what they do. Anyone looking to improve their understanding of football and what they are watching will enjoy this book

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